

# COACHING agreement



This agreement outlines the terms and conditions of our coaching relationship. By choosing to work together, we are entering into a mutual commitment based on trust, integrity, and clear communication.

## **Our Work Together**

You, the client, have chosen to enter into a coaching relationship with me, Bryony Jack of Evolving Hearts, for holistic life, relationship, and intimacy coaching. Sessions will take place either in person in Riddells Creek, VIC or online via Zoom.

## **Your Coaching Package**

You agree to one of the following packages, as outlined on [www.evolvinghearts.com.au](http://www.evolvinghearts.com.au):

### **For Women**

- ~ Individual Sessions – 60 mins \$180 | 90 mins \$220
- ~ Evolving You Program (10 sessions) – \$1500
  - Includes 10 bi-weekly sessions (60 mins) + limited support between sessions
  - Access to Cycles of Sexuality Online Immersion

Total value \$1899

### **For Couples**

- ~ Individual Sessions – 90 mins \$300
- ~ Evolving Us Program (10 sessions) – \$2500
  - Includes 8 bi-weekly couples sessions (90 min), 2 individual sessions (60 min), + limited support between sessions
  - Access to Cycles of Sexuality and Masculine Guide to Feminine Pleasure Online Immersions. A copy of The Sacred Pause

Total Value \$2977

## **Payments**

- Accepted payment methods: Credit card, Direct Debit, PayPal, Cash
- Payment plans are available upon request for packages
- Full payment (or first instalment) must be made prior to the first session
- Credit/debit card may be securely held on file via Wix Bookings to charge applicable cancellation fees

## **Rescheduling & Attendance**

- A minimum of 24 hours' notice is required to reschedule a session
- Missed sessions without notice are forfeited and non-refundable
- Late arrivals will result in a shortened session, ending at the original scheduled time
- If I need to reschedule for any reason, I will give you as much notice as possible and offer the next available time

## **Scope of Coaching**

- Coaching is a collaborative, forward-focused process designed to support clarity, action, embodiment, and deep personal growth
- Coaching may explore themes such as sexuality, intimacy, relationships, self-worth, empowerment, and spiritual alignment
- Coaching is not therapy, and does not diagnose, treat, or cure mental health conditions or sexual disorders
- I am not a sex therapist or registered mental health practitioner
- Where needed, I may recommend working with another professional to support your journey

## **Boundaries & Safety**

- All sessions are held in a non-judgmental, respectful and supportive space
- Sexual or suggestive behaviour towards me is strictly prohibited and will result in immediate termination of the coaching relationship without refund
- If you have a history of sexual trauma, it is important that you have received or are receiving appropriate support and feel resourced and in agency before engaging in this work
- While I am not a trauma specialist and we will not be doing trauma processing, all sessions are trauma-informed, and you will always be supported with care, consent, and choice

## **Confidentiality**

- All personal information shared in sessions is treated as strictly confidential
- I will only disclose information if legally required, or if there is risk of harm to yourself or others
- For credentialing purposes, I may log your first name and contact details only — this is entirely optional and used solely for practitioner verification
- I adhere to all relevant privacy and ethical standards as outlined in the Evolving Hearts Privacy Policy

## **Concerns & Communication**

If at any point you have concerns about the coaching process, I encourage you to raise them with me directly. I welcome honest feedback, and value open, ongoing communication.

## **A Note from Me**

This work is intimate, layered, and sometimes confronting — but it is also deeply liberating.

While I cannot guarantee results, I can promise to show up fully, hold you with care, and walk beside you as you reclaim your body, your voice, your pleasure, and your power.

Your transformation doesn't come from me — it comes from you showing up, taking action, and allowing yourself to grow.

I'm honoured to support you on this journey.

With love,

Bryony Jack  
Evolving Hearts